How to Grow a

Sunflower



1. Choose a planting area that gets full sun. Use the trowel to dig a trench about 1 inch deep. Fill the trench with water and let it soak into the soil.



2. Place the sunflower seeds into the trench about 4 inches apart. Cover the seeds with an inch of loose soil and pat down gently. Water lightly.



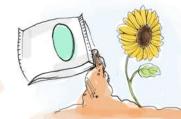
3. Cover the area where the sunflower seeds have been planted with a window screening. The screen will prevent birds and small animals from disturbing the seeds.

4. Mark the planting row with a small craft stick so you know where the seeds have been planted.



5. Keep the soil moist and watch for seedlings in 1-2 weeks. When the seedlings emerge, remove the screening.

6. Thin the seedlings when they are 3 inches tall. Large sunflowers must be spaced about 12 inches apart. Smaller sunflowers can be spaced 6 inches apart.



7. Fertilize the sunflowers with an all-purpose fertilizer diluted in Water every 2 weeks during the entire growing season.



Date	Height	0bservations